

Catering Menu

SALADS - £6 EACH

Minimum order of 5 portions for any given salad

Our salads are delivered in our medium takeaway boxes,
enough for one as a main or two as a side

HEALTHY CABBAGE SLAW

Shredded savoy & white cabbages,
black sesame seeds, pomegranate,
chives, vinaigrette

V GF DF NF

THAI SUMMER SALAD

Shredded savoy & Chinese cabbage,
bean sprouts, coriander, mint, toasted
cashew nuts, black onion & pumpkin seeds,
fried garlic & ginger, sweet chilli
& sesame dressing

V GF DF

GARDEN SALAD

Frisee lettuce, lollo rosso, oak leaf,
Batavia, radicchio, French beans,
parmesan, vinaigrette

V GF NF

CITRUS & HAZELNUT BEANS

French beans, chicory, toasted
hazelnuts, orange & lemon,
tarragon, olive oil

V GF DF

FARMER'S DELIGHT

Shredded brussel sprouts & savoy
cabbage, crispy pancetta, mature cheddar,
shallot & toasted walnut vinaigrette

GF

HONEY & AVOCADO SPROUTS

Shredded brussel sprouts, green apple,
avocado, pumpkin seeds, red chilli,
tarragon, honey vinaigrette

V GF DF NF

PEAR, PANCETTA, STILTON & BEANS

French beans, sliced pear, crispy pancetta,
baby gem lettuce, toasted walnuts,
chives, Stilton, Permesan, vinaigrette.

GF

AVOCADO & EGG CAESAR

Avocado, romaine lettuce, egg, rosemary
croutons, grated parmesan, Caesar dressing.

V NF

ALLERGEN INFO

- GF GLUTEN FREE
- DF DIARY FREE
- NF NUT FREE
- V VEGAN

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KALE, CHORIZO & FETA

Kale, crispy chorizo, kidney beans, sautéed rosemary breadcrumbs, feta, olive oil

NF

TUSCAN WINTER SALAD

Shredded cavolo nero, cannellini beans, crispy pancetta, fried chilli & garlic, pecorino & olive oil

GF NF

NELL'S CHORIZO CAESAR

Romaine lettuce, crispy chorizo, tomato, black olives, rosemary croutons, grated parmesan, Caesar dressing

NF

BORLOTTI, TUNA & COURGETTE

Borlotti beans, tuna, grated courgettes, fried red peppers, coriander, parsley, lemon zest, red chilli, olive oil

GF DF

CARAMELIZED CARROTS & CORIANDER

Honey-roast carrots, coriander, cumin seeds, black onion seeds, olive oil

V GF NF DF

CHARGRILLED SPICY BROCCOLI

Broccoli, fried garlic, chilli & ginger, olive oil

V GF DF NF

ROAST BUTTERNUT & CRISPY SAGE

Butternut, sage, cumin & coriander seeds, olive oil

V GF DF NF

HONEY-ROAST BEETROOT & GOAT'S

Beetroot, mint, goat's cheese, garden peas, baby gem lettuce, sunflower seeds, olive oil

V GF NF

LEMON & TARRAGON CELERIAC

Roasted celeriac, tarragon, lemon zest and chill, fresh ground black pepper and olive oil

V GF DF NF

TROPICAL SWEET POTATO

Roast sweet potato, pineapple, spring onion, coriander leaves, fresh ground black pepper, chilli, lemon & olive oil

V GF DF NF

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JEWELLED COUS COUS

Cous cous, parsley, apricot, raisin, cashew nut, almond, hazelnut, pomegranate, olive oil

V DF

PUY LENTILS & FETA

Puy lentils, cucumber, celery, radishes, red onion, parsley, feta, olive oil

V GF NF

FENNEL, APPLE, LEMON & CHILLI

Shaved fennel, apple, watercress, frisse lettuce, toasted walnuts, lemon & chilli dressing

V GF DF

GRATED CARROT, LEMON & POPPY SEEDS

Grated carrot, poppy seeds, coriander, lemon & olive oil vinaigrette

V GF DF NF

SHAVED ASPARAGUS, FENNEL & PARMESAN

Shaved asparagus, fennel, radish, parmesan, frisee lettuce, chives, raisins, lemon & olive oil dressing

V GF NF

BARLEY, KALE & APPLE

Pearl barley, shredded kale, apple, pomegranate, toasted walnut, mint vinaigrette

V DF

CHICK & GARDEN PEAS

Chickpeas, garden peas, parley, crispy shallots, rocket, shallot vinaigrette

V GF DF NF

BANG BANG CHICKEN

Chicken, celery, cucumber, carrot, mange tout, bean sprouts, spring onion, soy, sesame oil, sweet chilli sauce, peanut butter, sesame seeds, coriander

DF

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PROTEINS - £3.50 EACH

BREADED CHICKEN ESCALOPE

Chicken breast, sourdough breadcrumbs, rosemary, parsley, lemon

NF

CHICKEN SKEWER

Cajun spiced with rosemary, chilli & lemon

GF

NF

DF

Mediterranean marinated with lemon, rosemary & thyme herbs

GF

NF

DF

ROASTED SALMON FILLET

Sticky soy-glazed with sesame seeds

NF

DF

Garlic & parsley butter marinade

GF

NF

INDIVIDUAL QUICHE

Spinach, goat's cheese, cherry tomato

V

NF

Bacon lorraine

NF

Smoked salmon, cream cheese & dill

NF

LARGE CRUSTLESS QUICHES £22 EACH (APPROX 8 SLICES)

Caramelised onion & goats cheese

V

GF

NF

Chorizo, rocket & parmesan

GF

NF

Smoked salmon, cream cheese & dill

NF

GF

ALLERGEN INFO

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DF DIARY FREE

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V VEGAN

